



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

M & H Rennsteigteam (15x dabei)

Total time: 14:55:19

Number: 95

Speed: 11.48 km/h

Running performance: 5:14 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 115 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 92(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:18:24	4:33	28	15:46	40	15:46	17.20	1:18:24	4:33	90	15:44	128	15:44
Schildwiese	20.10	1:44:19	5:11	116	36:23	165	37:57	37.30	3:02:43	4:53	90	50:09	128	50:09
Neuhaus	15.50	1:21:51	5:16	61	22:49	79	22:49	52.80	4:24:34	5:00	90	1:12:58	128	1:12:58
Masserberg	19.80	1:34:24	4:46	113	31:07	145	31:07	72.60	5:58:58	4:56	90	1:43:59	128	1:43:59
Allzunah	16.80	1:42:28	6:05	115	55:28	162	55:28	89.40	7:41:26	5:09	90	2:20:15	128	2:20:15
Grenzdler	19.80	1:44:10	5:15	102	30:20	141	32:21	109.20	9:25:36	5:10	90	2:50:35	128	2:50:35
Neue Ausspanne	13.80	1:18:08	5:39	121	27:54	157	27:54	123.00	10:43:44	5:14	90	3:18:11	128	3:18:11
Kleiner Inselsber	13.90	1:22:48	5:57	132	32:41	176	32:41	136.90	12:06:32	5:18	90	3:49:37	128	3:49:37
Hohe Sonne	19.70	1:27:28	4:26	38	19:58	51	19:58	156.60	13:34:00	5:11	90	4:09:35	128	4:09:35
Hörschel	14.70	1:21:19	5:31	93	27:21	118	27:21	171.30	14:55:19	5:13	92	4:36:56	115	4:36:56