



15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Lauf und Kriechgesellschaft

Total time: 14:55:54

Number: 220

Speed: 11.47 km/h

Running performance: 5:14 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 116 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 93(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:32:03	5:21	117	29:25	162	29:25	17.20	1:32:03	5:21	91	29:23	129	29:23
Schildwiese	20.10	1:40:22	4:59	95	32:26	134	34:00	37.30	3:12:25	5:09	91	59:51	129	59:51
Neuhaus	15.50	1:18:09	5:02	47	19:07	58	19:07	52.80	4:30:34	5:07	91	1:18:58	129	1:18:58
Masserberg	19.80	1:39:30	5:01	129	36:13	176	36:13	72.60	6:10:04	5:05	91	1:55:05	129	1:55:05
Allzunah	16.80	1:40:21	5:58	110	53:21	150	53:21	89.40	7:50:25	5:15	91	2:29:14	129	2:29:14
Grenzadler	19.80	1:31:17	4:36	33	17:27	46	19:28	109.20	9:21:42	5:08	91	2:46:41	129	2:46:41
Neue Ausspanne	13.80	1:07:49	4:54	57	17:35	68	17:35	123.00	10:29:31	5:07	91	3:03:58	129	3:03:58
Kleiner Inselsber	13.90	1:28:22	6:21	144	38:15	202	38:15	136.90	11:57:53	5:14	91	3:40:58	129	3:40:58
Hohe Sonne	19.70	1:38:42	5:00	93	31:12	126	31:12	156.60	13:36:35	5:12	91	4:12:10	129	4:12:10
Hörschel	14.70	1:19:19	5:23	84	25:21	107	25:21	171.30	14:55:54	5:13	93	4:37:31	116	4:37:31