



15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Montagsläufer

Total time: 15:59:09

Number: 39

Speed: 10.72 km/h

Running performance: 5:36 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 172 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 34(of 64)

Mixstaffel

Best time in the category: 11:24:50

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Total		
	km	Time			min/km	Cat.		Cat.	Total			Total	km	Time
Grumbach	17.20	1:30:58	5:17	37	21:31	155	28:20	17.20	1:30:58	5:17	2	2:41	237	28:18
Schildwiese	20.10	1:33:39	4:39	21	27:17	96	27:17	37.30	3:04:37	4:56	2		237	52:03
Neuhaus	15.50	1:29:09	5:45	26	19:18	137	30:07	52.80	4:33:46	5:11	2		237	1:22:10
Masserberg	19.80	1:40:06	5:03	41	32:11	181	36:49	72.60	6:13:52	5:08	2		237	1:58:53
Allzunah	16.80	1:34:15	5:36	25	20:32	114	47:15	89.40	7:48:07	5:14	2		237	2:26:56
Grenzadler	19.80	1:59:18	6:01	59	47:29	217	47:29	109.20	9:47:25	5:22	2		237	3:12:24
Neue Ausspanne	13.80	1:30:15	6:32	52	34:08	217	40:01	123.00	11:17:40	5:30	2		237	3:52:07
Kleiner Inselsber	13.90	1:32:34	6:39	55	34:29	222	42:27	136.90	12:50:14	5:37	2		237	4:33:19
Hohe Sonne	19.70	1:53:16	5:44	54	43:27	209	45:46	156.60	14:43:30	5:38	2		237	5:19:05
Hörschel	14.70	1:15:39	5:08	13	14:58	79	21:41	171.30	15:59:09	5:35	34	4:34:19	172	5:40:46