



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

arthrose erfurt

Total time: 16:01:48

Number: 70

Speed: 10.69 km/h

Running performance: 5:37 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 174 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 35(of 64)

Mixstaffel

Best time in the category: 11:24:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:30:21	5:15	36	20:54	151	27:43	17.20	1:30:21	5:15	3	2:04	237	27:41
Schildwiese	20.10	1:47:59	5:22	51	41:37	191	41:37	37.30	3:18:20	5:19	3	8:03	237	1:05:46
Neuhaus	15.50	1:55:39	7:27	62	45:48	233	56:37	52.80	5:13:59	5:56	3	17:55	237	2:02:23
Masserberg	19.80	1:28:36	4:28	15	20:41	86	25:19	72.60	6:42:35	5:32	3		237	2:27:36
Allzunah	16.80	1:41:49	6:03	36	28:06	156	54:49	89.40	8:24:24	5:38	3		237	3:03:13
Grenzadler	19.80	1:49:31	5:31	43	37:42	177	37:42	109.20	10:13:55	5:37	3		237	3:38:54
Neue Ausspanne	13.80	1:13:09	5:18	13	17:02	107	22:55	123.00	11:27:04	5:35	3		237	4:01:31
Kleiner Inselsber	13.90	1:12:00	5:10	12	13:55	83	21:53	136.90	12:39:04	5:32	3		237	4:22:09
Hohe Sonne	19.70	1:45:34	5:21	41	35:45	173	38:04	156.60	14:24:38	5:31	3		237	5:00:13
Hörschel	14.70	1:37:10	6:36	55	36:29	210	43:12	171.30	16:01:48	5:36	35	4:36:58	174	5:43:25