



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Lauffreunde Gotha

Number: 204

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 15:06:00

Speed: 11.32 km/h
Running performance: 5:17 min/km

Rank in course: 126 (of 236)

Best time in course: 10:18:23

Rank in category: 102(of 156)

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:21:57	4:45	48	19:19	63	19:19	17.20	1:21:57	4:45	102	19:17	145	19:17
Schildwiese	20.10	1:44:33	5:12	118	36:37	167	38:11	37.30	3:06:30	5:00	102	53:56	145	53:56
Neuhaus	15.50	1:47:47	6:57	149	48:45	223	48:45	52.80	4:54:17	5:34	102	1:42:41	145	1:42:41
Masserberg	19.80	1:33:48	4:44	106	30:31	138	30:31	72.60	6:28:05	5:20	102	2:13:06	145	2:13:06
Allzunah	16.80	1:29:17	5:18	56	42:17	71	42:17	89.40	7:57:22	5:20	102	2:36:11	145	2:36:11
Grenzadler	19.80	1:31:09	4:36	30	17:19	43	19:20	109.20	9:28:31	5:12	102	2:53:30	145	2:53:30
Neue Ausspanne	13.80	1:24:13	6:06	142	33:59	192	33:59	123.00	10:52:44	5:18	102	3:27:11	145	3:27:11
Kleiner Inselsber	13.90	1:15:15	5:24	96	25:08	115	25:08	136.90	12:07:59	5:19	102	3:51:04	145	3:51:04
Hohe Sonne	19.70	1:25:31	4:20	26	18:01	38	18:01	156.60	13:33:30	5:11	102	4:09:05	145	4:09:05
Hörschel	14.70	1:32:30	6:17	135	38:32	188	38:32	171.30	15:06:00	5:17	102	4:47:37	126	4:47:37