



# 15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

## Detailed evaluation

Rapunzel-Racer

Total time: 15:11:00

Number: 167

Speed: 11.26 km/h

Running performance: 5:19 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 129 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 105(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:25:42	4:58	77	23:04	99	23:04	17.20	1:25:42	4:58	26	23:02	44	23:02
Schildwiese	20.10	1:41:22	5:02	102	33:26	147	35:00	37.30	3:07:04	5:00	105	54:30	150	54:30
Neuhaus	15.50	1:36:57	6:15	132	37:55	180	37:55	52.80	4:44:01	5:22	79	1:32:25	116	1:32:25
Masserberg	19.80	1:20:43	4:04	23	17:26	31	17:26	72.60	6:04:44	5:01	105	1:49:45	150	1:49:45
Allzunah	16.80	1:48:14	6:26	129	1:01:14	189	1:01:14	89.40	7:52:58	5:17	105	2:31:47	150	2:31:47
Grenzdler	19.80	1:37:43	4:56	67	23:53	93	25:54	109.20	9:30:41	5:13	105	2:55:40	150	2:55:40
Neue Ausspanne	13.80	1:10:05	5:04	66	19:51	81	19:51	123.00	10:40:46	5:12	105	3:15:13	150	3:15:13
Kleiner Inselsber	13.90	1:15:09	5:24	93	25:02	112	25:02	136.90	11:55:55	5:13	105	3:39:00	150	3:39:00
Hohe Sonne	19.70	1:51:25	5:39	140	43:55	202	43:55	156.60	13:47:20	5:16	105	4:22:55	150	4:22:55
Hörschel	14.70	1:23:40	5:41	106	29:42	138	29:42	171.30	15:11:00	5:19	105	4:52:37	129	4:52:37