



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Wartburg-Sparkasse Mix

Total time: 16:16:44

Number: 21

Speed: 10.50 km/h

Running performance: 5:42 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 189 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 40(of 64)

Mixstaffel

Best time in the category: 11:24:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:45:46	6:08	55	36:19	214	43:08	17.20	1:45:46	6:08	9	17:29	237	43:06
Schildwiese	20.10	1:47:48	5:21	50	41:26	189	41:26	37.30	3:33:34	5:43	9	23:17	237	1:21:00
Neuhaus	15.50	1:24:55	5:28	18	15:04	96	25:53	52.80	4:58:29	5:39	9	2:25	237	1:46:53
Masserberg	19.80	1:43:56	5:14	47	36:01	194	40:39	72.60	6:42:25	5:32	9		237	2:27:26
Allzunah	16.80	1:53:38	6:45	56	39:55	214	1:06:38	89.40	8:36:03	5:46	9		237	3:14:52
Grenzdler	19.80	1:43:53	5:14	32	32:04	139	32:04	109.20	10:19:56	5:40	9		237	3:44:55
Neue Ausspanne	13.80	1:16:08	5:31	21	20:01	135	25:54	123.00	11:36:04	5:39	9		237	4:10:31
Kleiner Inselsber	13.90	1:18:04	5:36	21	19:59	134	27:57	136.90	12:54:08	5:39	9		237	4:37:13
Hohe Sonne	19.70	1:39:09	5:01	29	29:20	130	31:39	156.60	14:33:17	5:34	9		237	5:08:52
Hörschel	14.70	1:43:27	7:02	60	42:46	228	49:29	171.30	16:16:44	5:42	40	4:51:54	189	5:58:21