



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Amazon twelve

Total time: 15:17:17

Number: 234

Speed: 11.19 km/h

Running performance: 5:21 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 137 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 111(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:27:28	5:05	91	24:50	120	24:50	17.20	1:27:28	5:05	111	24:48	159	24:48
Schildwiese	20.10	1:56:58	5:49	147	49:02	214	50:36	37.30	3:24:26	5:28	111	1:11:52	159	1:11:52
Neuhaus	15.50	1:27:38	5:39	97	28:36	125	28:36	52.80	4:52:04	5:31	111	1:40:28	159	1:40:28
Masserberg	19.80	1:27:03	4:23	66	23:46	81	23:46	72.60	6:19:07	5:13	111	2:04:08	159	2:04:08
Allzunah	16.80	1:41:21	6:01	112	54:21	153	54:21	89.40	8:00:28	5:22	111	2:39:17	159	2:39:17
Grenzadler	19.80	1:43:27	5:13	99	29:37	134	31:38	109.20	9:43:55	5:20	111	3:08:54	159	3:08:54
Neue Ausspanne	13.80	1:15:08	5:26	103	24:54	127	24:54	123.00	10:59:03	5:21	111	3:33:30	159	3:33:30
Kleiner Inselsber	13.90	1:17:44	5:35	109	27:37	131	27:37	136.90	12:16:47	5:22	111	3:59:52	159	3:59:52
Hohe Sonne	19.70	1:37:08	4:55	83	29:38	109	29:38	156.60	13:53:55	5:19	111	4:29:30	159	4:29:30
Hörschel	14.70	1:23:22	5:40	105	29:24	137	29:24	171.30	15:17:17	5:21	111	4:58:54	137	4:58:54