



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Dream-Team-Ilmenau

Total time: 13:37:52

Number: 26

Speed: 12.54 km/h

Running performance: 4:46 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 37 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 8(of 64)

Mixstaffel

Best time in the category: 11:24:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:10:47	4:06	3	1:20	10	8:09	17.20	1:10:47	4:06	40		237	8:07
Schildwiese	20.10	1:30:05	4:28	19	23:43	72	23:43	37.30	2:40:52	4:18	40		237	28:18
Neuhaus	15.50	1:34:31	6:05	35	24:40	167	35:29	52.80	4:15:23	4:50	40		237	1:03:47
Masserberg	19.80	1:30:33	4:34	20	22:38	103	27:16	72.60	5:45:56	4:45	40		237	1:30:57
Allzunah	16.80	1:26:11	5:07	8	12:28	47	39:11	89.40	7:12:07	4:50	40		237	1:50:56
Grenzadler	19.80	1:20:53	4:05	4	9:04	13	9:04	109.20	8:33:00	4:41	40		237	1:57:59
Neue Ausspanne	13.80	1:16:17	5:31	23	20:10	138	26:03	123.00	9:49:17	4:47	40		237	2:23:44
Kleiner Inselsber	13.90	1:15:15	5:24	18	17:10	115	25:08	136.90	11:04:32	4:51	40		237	2:47:37
Hohe Sonne	19.70	1:17:23	3:55	4	7:34	12	9:53	156.60	12:21:55	4:44	40		237	2:57:30
Hörschel	14.70	1:15:57	5:10	14	15:16	80	21:59	171.30	13:37:52	4:46	8	2:13:02	37	3:19:29