



15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Komaläufer

Total time: 15:20:09

Number: 144

Speed: 11.15 km/h

Running performance: 5:22 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 142 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 114(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:46:26	6:11	149	43:48	217	43:48	17.20	1:46:26	6:11	112	43:46	160	43:46
Schildwiese	20.10	1:43:14	5:08	111	35:18	158	36:52	37.30	3:29:40	5:37	112	1:17:06	160	1:17:06
Neuhaus	15.50	1:21:29	5:15	60	22:27	78	22:27	52.80	4:51:09	5:30	83	1:39:33	120	1:39:33
Masserberg	19.80	1:30:48	4:35	83	27:31	107	27:31	72.60	6:21:57	5:15	112	2:06:58	160	2:06:58
Allzunah	16.80	1:53:43	6:46	146	1:06:43	215	1:06:43	89.40	8:15:40	5:32	112	2:54:29	160	2:54:29
Grenzadler	19.80	1:47:09	5:24	115	33:19	162	35:20	109.20	10:02:49	5:31	112	3:27:48	160	3:27:48
Neue Ausspanne	13.80	1:19:22	5:45	125	29:08	163	29:08	123.00	11:22:11	5:32	112	3:56:38	160	3:56:38
Kleiner Inselsber	13.90	1:12:46	5:14	77	22:39	93	22:39	136.90	12:34:57	5:30	112	4:18:02	160	4:18:02
Hohe Sonne	19.70	1:24:24	4:17	23	16:54	34	16:54	156.60	13:59:21	5:21	112	4:34:56	160	4:34:56
Hörschel	14.70	1:20:48	5:29	91	26:50	116	26:50	171.30	15:20:09	5:22	114	5:01:46	142	5:01:46