



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

KS-sportsworld Jung

Total time: 12:38:43

Number: 213

Speed: 13.55 km/h

Running performance: 4:26 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 13 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 8(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:15:28	4:23	18	12:50	28	12:50	17.20	1:15:28	4:23	8	12:48	17	12:48
Schildwiese	20.10	1:26:26	4:18	30	18:30	43	20:04	37.30	2:41:54	4:20	8	29:20	17	29:20
Neuhaus	15.50	1:10:26	4:32	11	11:24	13	11:24	52.80	3:52:20	4:24	8	40:44	17	40:44
Masserberg	19.80	1:26:26	4:21	62	23:09	75	23:09	72.60	5:18:46	4:23	8	1:03:47	17	1:03:47
Allzunah	16.80	1:26:56	5:10	42	39:56	54	39:56	89.40	6:45:42	4:32	8	1:24:31	17	1:24:31
Grenzdler	19.80	1:19:15	4:00	8	5:25	10	7:26	109.20	8:04:57	4:26	8	1:29:56	17	1:29:56
Neue Ausspanne	13.80	1:05:24	4:44	39	15:10	45	15:10	123.00	9:10:21	4:28	8	1:44:48	17	1:44:48
Kleiner Inselsber	13.90	1:12:38	5:13	73	22:31	89	22:31	136.90	10:22:59	4:33	8	2:06:04	17	2:06:04
Hohe Sonne	19.70	1:17:16	3:55	8	9:46	10	9:46	156.60	11:40:15	4:28	8	2:15:50	17	2:15:50
Hörschel	14.70	58:28	3:58	4	4:30	4	4:30	171.30	12:38:43	4:25	8	2:20:20	13	2:20:20