



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

PDV POWER RUNNERS

Number: 96

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 15:28:25

Speed: 11.05 km/h
Running performance: 5:25 min/km

Rank in course: 153 (of 236)

Best time in course: 10:18:23

Rank in category: 123(of 156)

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:34:30	5:29	127	31:52	177	31:52	17.20	1:34:30	5:29	123	31:50	174	31:50
Schildwiese	20.10	1:40:27	4:59	96	32:31	136	34:05	37.30	3:14:57	5:13	123	1:02:23	174	1:02:23
Neuhaus	15.50	1:34:06	6:04	124	35:04	166	35:04	52.80	4:49:03	5:28	123	1:37:27	174	1:37:27
Masserberg	19.80	1:30:22	4:33	76	27:05	99	27:05	72.60	6:19:25	5:13	123	2:04:26	174	2:04:26
Allzunah	16.80	1:35:03	5:39	88	48:03	120	48:03	89.40	7:54:28	5:18	123	2:33:17	174	2:33:17
Grenzadler	19.80	1:37:22	4:55	65	23:32	91	25:33	109.20	9:31:50	5:14	123	2:56:49	174	2:56:49
Neue Ausspanne	13.80	1:07:33	4:53	55	17:19	65	17:19	123.00	10:39:23	5:11	123	3:13:50	174	3:13:50
Kleiner Inselsber	13.90	1:28:13	6:20	143	38:06	201	38:06	136.90	12:07:36	5:18	123	3:50:41	174	3:50:41
Hohe Sonne	19.70	1:51:35	5:39	142	44:05	205	44:05	156.60	13:59:11	5:21	123	4:34:46	174	4:34:46
Hörschel	14.70	1:29:14	6:04	126	35:16	173	35:16	171.30	15:28:25	5:25	123	5:10:02	153	5:10:02