



15. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

KS-sportsworld Mädels

Total time: 16:36:34

Number: 12

Speed: 10.31 km/h

Running performance: 5:49 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 200 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 8(of 16)

Frauenstaffel

Best time in the category: 12:19:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:27:32	5:05	4	15:57	122	24:54	17.20	1:27:32	5:05	8	15:57	237	24:52
Schildwiese	20.10	2:09:59	6:28	16	43:54	224	1:03:37	37.30	3:37:31	5:49	8	59:51	237	1:24:57
Neuhaus	15.50	1:26:31	5:34	5	14:17	111	27:29	52.80	5:04:02	5:45	8	1:14:08	237	1:52:26
Masserberg	19.80	2:09:24	6:32	15	52:51	232	1:06:07	72.60	7:13:26	5:58	8	2:06:59	237	2:58:27
Allzunah	16.80	1:46:34	6:20	11	25:10	181	59:34	89.40	9:00:00	6:02	8	2:32:09	237	3:38:49
Grenzadler	19.80	1:29:44	4:31	2	2:55	37	17:55	109.20	10:29:44	5:46	8	2:35:04	237	3:54:43
Neue Ausspanne	13.80	1:19:12	5:44	10	20:28	162	28:58	123.00	11:48:56	5:45	8	2:55:32	237	4:23:23
Kleiner Inselsber	13.90	1:29:52	6:27	13	29:01	210	39:45	136.90	13:18:48	5:50	8	3:24:33	237	5:01:53
Hohe Sonne	19.70	1:57:22	5:57	13	36:39	222	49:52	156.60	15:16:10	5:51	8	4:01:12	237	5:51:45
Hörschel	14.70	1:20:24	5:28	5	15:36	113	26:26	171.30	16:36:34	5:49	8	4:16:48	200	6:18:11