



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Holzland 10-er

Total time: 14:20:38

Number: 163

Speed: 11.92 km/h

Running performance: 5:01 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 75 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 59(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:29:42	5:12	110	27:04	148	27:04	17.20	1:29:42	5:12	130	27:02	187	27:02
Schildwiese	20.10	1:33:24	4:38	72	25:28	94	27:02	37.30	3:03:06	4:54	130	50:32	187	50:32
Neuhaus	15.50	1:28:32	5:42	102	29:30	132	29:30	52.80	4:31:38	5:08	130	1:20:02	187	1:20:02
Masserberg	19.80	1:21:04	4:05	28	17:47	36	17:47	72.60	5:52:42	4:51	130	1:37:43	187	1:37:43
Allzunah	16.80	1:36:52	5:45	96	49:52	132	49:52	89.40	7:29:34	5:01	130	2:08:23	187	2:08:23
Grenzdler	19.80	1:34:17	4:45	53	20:27	75	22:28	109.20	9:03:51	4:58	130	2:28:50	187	2:28:50
Neue Ausspanne	13.80	1:07:22	4:52	53	17:08	63	17:08	123.00	10:11:13	4:58	130	2:45:40	187	2:45:40
Kleiner Inselsber	13.90	1:31:44	6:35	151	41:37	217	41:37	136.90	11:42:57	5:08	130	3:26:02	187	3:26:02
Hohe Sonne	19.70	1:25:45	4:21	28	18:15	41	18:15	156.60	13:08:42	5:02	130	3:44:17	187	3:44:17
Hörschel	14.70	1:11:56	4:53	44	17:58	53	17:58	171.30	14:20:38	5:01	59	4:02:15	75	4:02:15