



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

EinsamRennerGenossenschaft

Total time: 15:02:59

Number: 34

Speed: 11.36 km/h

Running performance: 5:16 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 123 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 20(of 64)

Mixstaffel

Best time in the category: 11:24:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:25:51	4:59	20	16:24	102	23:13	17.20	1:25:51	4:59	41		237	23:11
Schildwiese	20.10	1:29:54	4:28	18	23:32	70	23:32	37.30	2:55:45	4:42	41		237	43:11
Neuhaus	15.50	1:27:56	5:40	24	18:05	127	28:54	52.80	4:23:41	4:59	41		237	1:12:05
Masserberg	19.80	1:31:25	4:37	24	23:30	116	28:08	72.60	5:55:06	4:53	41		237	1:40:07
Allzunah	16.80	1:29:17	5:18	15	15:34	71	42:17	89.40	7:24:23	4:58	41		237	2:03:12
Grenzdler	19.80	1:34:57	4:47	22	23:08	80	23:08	109.20	8:59:20	4:56	41		237	2:24:19
Neue Ausspanne	13.80	1:25:01	6:09	41	28:54	198	34:47	123.00	10:24:21	5:04	41		237	2:58:48
Kleiner Inselsber	13.90	1:26:42	6:14	45	28:37	197	36:35	136.90	11:51:03	5:11	41		237	3:34:08
Hohe Sonne	19.70	1:47:24	5:27	47	37:35	185	39:54	156.60	13:38:27	5:13	41		237	4:14:02
Hörschel	14.70	1:24:32	5:45	28	23:51	144	30:34	171.30	15:02:59	5:16	20	3:38:09	123	4:44:36