



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Team Long Iceland Ice Tea

Total time: 15:51:59

Number: 49

Speed: 10.78 km/h

Running performance: 5:34 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 168 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 131(of 156)

Männerstaffel

Best time in the category: 10:18:23

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach | 17.20 | 1:43:03 | 5:59 | 145 | 40:25 | 210 | 40:25 | 17.20 | 1:43:03 | 5:59 | 135 | 40:23 | 194 | 40:23 |
| Schildwiese | 20.10 | 1:55:46 | 5:45 | 145 | 47:50 | 212 | 49:24 | 37.30 | 3:38:49 | 5:51 | 135 | 1:26:15 | 194 | 1:26:15 |
| Neuhaus | 15.50 | 1:42:51 | 6:38 | 145 | 43:49 | 211 | 43:49 | 52.80 | 5:21:40 | 6:05 | 135 | 2:10:04 | 194 | 2:10:04 |
| Masserberg | 19.80 | 1:34:26 | 4:46 | 114 | 31:09 | 146 | 31:09 | 72.60 | 6:56:06 | 5:43 | 135 | 2:41:07 | 194 | 2:41:07 |
| Allzunah | 16.80 | 1:32:17 | 5:29 | 78 | 45:17 | 102 | 45:17 | 89.40 | 8:28:23 | 5:41 | 135 | 3:07:12 | 194 | 3:07:12 |
| Grenzdler | 19.80 | 1:39:47 | 5:02 | 80 | 25:57 | 110 | 27:58 | 109.20 | 10:08:10 | 5:34 | 135 | 3:33:09 | 194 | 3:33:09 |
| Neue Ausspanne | 13.80 | 1:21:36 | 5:54 | 130 | 31:22 | 175 | 31:22 | 123.00 | 11:29:46 | 5:36 | 135 | 4:04:13 | 194 | 4:04:13 |
| Kleiner Inselsber | 13.90 | 1:29:44 | 6:27 | 147 | 39:37 | 208 | 39:37 | 136.90 | 12:59:30 | 5:41 | 135 | 4:42:35 | 194 | 4:42:35 |
| Hohe Sonne | 19.70 | 1:36:13 | 4:53 | 78 | 28:43 | 103 | 28:43 | 156.60 | 14:35:43 | 5:35 | 135 | 5:11:18 | 194 | 5:11:18 |
| Hörschel | 14.70 | 1:16:16 | 5:11 | 67 | 22:18 | 84 | 22:18 | 171.30 | 15:51:59 | 5:33 | 131 | 5:33:36 | 168 | 5:33:36 |