



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Team Long Iceland Ice Tea

Total time: 15:51:59

Number: 49

Speed: 10.78 km/h

Running performance: 5:34 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 168 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 131(of 156)

Männerstaffel

Best time in the category: 10:18:23

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:43:03	5:59	145	40:25	210	40:25	17.20	1:43:03	5:59	135	40:23	194	40:23
Schildwiese	20.10	1:55:46	5:45	145	47:50	212	49:24	37.30	3:38:49	5:51	135	1:26:15	194	1:26:15
Neuhaus	15.50	1:42:51	6:38	145	43:49	211	43:49	52.80	5:21:40	6:05	135	2:10:04	194	2:10:04
Masserberg	19.80	1:34:26	4:46	114	31:09	146	31:09	72.60	6:56:06	5:43	135	2:41:07	194	2:41:07
Allzunah	16.80	1:32:17	5:29	78	45:17	102	45:17	89.40	8:28:23	5:41	135	3:07:12	194	3:07:12
Grenzadler	19.80	1:39:47	5:02	80	25:57	110	27:58	109.20	10:08:10	5:34	135	3:33:09	194	3:33:09
Neue Ausspanne	13.80	1:21:36	5:54	130	31:22	175	31:22	123.00	11:29:46	5:36	135	4:04:13	194	4:04:13
Kleiner Inselsber	13.90	1:29:44	6:27	147	39:37	208	39:37	136.90	12:59:30	5:41	135	4:42:35	194	4:42:35
Hohe Sonne	19.70	1:36:13	4:53	78	28:43	103	28:43	156.60	14:35:43	5:35	135	5:11:18	194	5:11:18
Hörschel	14.70	1:16:16	5:11	67	22:18	84	22:18	171.30	15:51:59	5:33	131	5:33:36	168	5:33:36