



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

X-Runners II

Total time: 12:44:16

Number: 147

Speed: 13.42 km/h

Running performance: 4:28 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 16 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 11(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:13:36	4:16	14	10:58	21	10:58	17.20	1:13:36	4:16	10	10:56	20	10:56
Schildwiese	20.10	1:29:07	4:26	47	21:11	64	22:45	37.30	2:42:43	4:21	10	30:09	20	30:09
Neuhaus	15.50	1:12:10	4:39	15	13:08	18	13:08	52.80	3:54:53	4:26	10	43:17	20	43:17
Masserberg	19.80	1:18:34	3:58	17	15:17	25	15:17	72.60	5:13:27	4:19	10	58:28	20	58:28
Allzunah	16.80	1:22:41	4:55	22	35:41	28	35:41	89.40	6:36:08	4:25	10	1:14:57	20	1:14:57
Grenzadler	19.80	1:29:03	4:29	23	15:13	34	17:14	109.20	8:05:11	4:26	10	1:30:10	20	1:30:10
Neue Ausspanne	13.80	59:35	4:19	12	9:21	15	9:21	123.00	9:04:46	4:25	10	1:39:13	20	1:39:13
Kleiner Inselsber	13.90	1:07:11	4:50	34	17:04	43	17:04	136.90	10:11:57	4:28	10	1:55:02	20	1:55:02
Hohe Sonne	19.70	1:33:14	4:43	65	25:44	87	25:44	156.60	11:45:11	4:30	10	2:20:46	20	2:20:46
Hörschel	14.70	59:05	4:01	5	5:07	5	5:07	171.30	12:44:16	4:27	11	2:25:53	16	2:25:53