



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Quarksahne Team Frauen

Total time: 16:50:43

Number: 15

Speed: 10.15 km/h

Running performance: 5:54 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 209 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 10(of 16)

Frauenstaffel

Best time in the category: 12:19:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:33:38	5:26	7	22:03	171	31:00	17.20	1:33:38	5:26	11	22:03	237	30:58
Schildwiese	20.10	1:35:40	4:45	3	9:35	103	29:18	37.30	3:09:18	5:04	11	31:38	84	56:44
Neuhaus	15.50	1:43:27	6:40	14	31:13	214	44:25	52.80	4:52:45	5:32	11	1:02:51	237	1:41:09
Masserberg	19.80	1:26:54	4:23	3	10:21	79	23:37	72.60	6:19:39	5:13	11	1:13:12	237	2:04:40
Allzunah	16.80	2:03:45	7:21	16	42:21	229	1:16:45	89.40	8:23:24	5:37	11	1:55:33	237	3:02:13
Grenzdler	19.80	2:10:01	6:33	14	43:12	226	58:12	109.20	10:33:25	5:48	11	2:38:45	237	3:58:24
Neue Ausspanne	13.80	1:16:47	5:33	8	18:03	146	26:33	123.00	11:50:12	5:46	11	2:56:48	237	4:24:39
Kleiner Inselsber	13.90	1:30:36	6:31	15	29:45	213	40:29	136.90	13:20:48	5:50	11	3:26:33	237	5:03:53
Hohe Sonne	19.70	1:50:28	5:36	10	29:45	197	42:58	156.60	15:11:16	5:49	11	3:56:18	237	5:46:51
Hörschel	14.70	1:39:27	6:45	14	34:39	215	45:29	171.30	16:50:43	5:54	10	4:30:57	209	6:32:20