



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Helios Team Erfurt

Number: 231

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 16:46:05

Speed: 10.22 km/h
Running performance: 5:52 min/km

Rank in course: 207 (of 236)

Best time in course: 10:18:23

Rank in category: 149(of 156)

Best time in the category: 10:18:23

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach | 17.20 | 1:22:54 | 4:49 | 54 | 20:16 | 70 | 20:16 | 17.20 | 1:22:54 | 4:49 | 145 | 20:14 | 213 | 20:14 |
| Schildwiese | 20.10 | 1:56:15 | 5:47 | 146 | 48:19 | 213 | 49:53 | 37.30 | 3:19:09 | 5:20 | 145 | 1:06:35 | 213 | 1:06:35 |
| Neuhaus | 15.50 | 1:34:45 | 6:06 | 126 | 35:43 | 170 | 35:43 | 52.80 | 4:53:54 | 5:33 | 145 | 1:42:18 | 213 | 1:42:18 |
| Masserberg | 19.80 | 1:48:48 | 5:29 | 148 | 45:31 | 214 | 45:31 | 72.60 | 6:42:42 | 5:32 | 145 | 2:27:43 | 213 | 2:27:43 |
| Allzunah | 16.80 | 1:42:23 | 6:05 | 114 | 55:23 | 161 | 55:23 | 89.40 | 8:25:05 | 5:38 | 145 | 3:03:54 | 213 | 3:03:54 |
| Grenzdler | 19.80 | 2:20:01 | 7:04 | 155 | 1:06:11 | 235 | 1:08:12 | 109.20 | 10:45:06 | 5:54 | 145 | 4:10:05 | 213 | 4:10:05 |
| Neue Ausspanne | 13.80 | 1:16:53 | 5:34 | 114 | 26:39 | 148 | 26:39 | 123.00 | 12:01:59 | 5:52 | 145 | 4:36:26 | 213 | 4:36:26 |
| Kleiner Inselsber | 13.90 | 1:10:04 | 5:02 | 54 | 19:57 | 65 | 19:57 | 136.90 | 13:12:03 | 5:47 | 145 | 4:55:08 | 213 | 4:55:08 |
| Hohe Sonne | 19.70 | 1:54:12 | 5:47 | 146 | 46:42 | 211 | 46:42 | 156.60 | 15:06:15 | 5:47 | 145 | 5:41:50 | 213 | 5:41:50 |
| Hörschel | 14.70 | 1:39:50 | 6:47 | 147 | 45:52 | 216 | 45:52 | 171.30 | 16:46:05 | 5:52 | 149 | 6:27:42 | 207 | 6:27:42 |