



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Helios Team Erfurt

Number: 231

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 16:46:05

Speed: 10.20 km/h
Running performance: 5:52 min/km

Rank in course: 207 (of 236)

Best time in course: 10:18:23

Rank in category: 149(of 156)

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:22:54	4:49	54	20:16	70	20:16	17.20	1:22:54	4:49	145	20:14	213	20:14
Schildwiese	20.10	1:56:15	5:47	146	48:19	213	49:53	37.30	3:19:09	5:20	145	1:06:35	213	1:06:35
Neuhaus	15.50	1:34:45	6:06	126	35:43	170	35:43	52.80	4:53:54	5:33	145	1:42:18	213	1:42:18
Masserberg	19.80	1:48:48	5:29	148	45:31	214	45:31	72.60	6:42:42	5:32	145	2:27:43	213	2:27:43
Allzunah	16.80	1:42:23	6:05	114	55:23	161	55:23	89.40	8:25:05	5:38	145	3:03:54	213	3:03:54
Grenzadler	19.80	2:20:01	7:04	155	1:06:11	235	1:08:12	109.20	10:45:06	5:54	145	4:10:05	213	4:10:05
Neue Ausspanne	13.80	1:16:53	5:34	114	26:39	148	26:39	123.00	12:01:59	5:52	145	4:36:26	213	4:36:26
Kleiner Inselsber	13.90	1:10:04	5:02	54	19:57	65	19:57	136.90	13:12:03	5:47	145	4:55:08	213	4:55:08
Hohe Sonne	19.70	1:54:12	5:47	146	46:42	211	46:42	156.60	15:06:15	5:47	145	5:41:50	213	5:41:50
Hörschel	14.70	1:39:50	6:47	147	45:52	216	45:52	171.30	16:46:05	5:52	149	6:27:42	207	6:27:42