



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Erfurt Nord Breuninger Sport

Total time: 17:01:47

Number: 14

Speed: 10.04 km/h

Running performance: 5:58 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 218 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 12(of 16)

Frauenstaffel

Best time in the category: 12:19:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:46:28	6:11	14	34:53	218	43:50	17.20	1:46:28	6:11	12	34:53	237	43:48
Schildwiese	20.10	2:08:53	6:24	15	42:48	223	1:02:31	37.30	3:55:21	6:18	12	1:17:41	237	1:42:47
Neuhaus	15.50	1:40:16	6:28	11	28:02	193	41:14	52.80	5:35:37	6:21	12	1:45:43	237	2:24:01
Masserberg	19.80	1:45:01	5:18	10	28:28	197	41:44	72.60	7:20:38	6:04	12	2:14:11	237	3:05:39
Allzunah	16.80	1:45:07	6:15	9	23:43	175	58:07	89.40	9:05:45	6:06	12	2:37:54	237	3:44:34
Grenzadler	19.80	1:38:09	4:57	5	11:20	100	26:20	109.20	10:43:54	5:53	12	2:49:14	237	4:08:53
Neue Ausspanne	13.80	1:36:47	7:00	16	38:03	231	46:33	123.00	12:20:41	6:01	12	3:27:17	206	4:55:08
Kleiner Inselsber	13.90	1:21:15	5:50	6	20:24	160	31:08	136.90	13:41:56	6:00	12	3:47:41	237	5:25:01
Hohe Sonne	19.70	1:41:08	5:08	7	20:25	147	33:38	156.60	15:23:04	5:53	12	4:08:06	237	5:58:39
Hörschel	14.70	1:38:43	6:42	13	33:55	212	44:45	171.30	17:01:47	5:57	12	4:42:01	218	6:43:24