



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Die Kohlkopf Runners

Total time: 16:31:17

Number: 244

Speed: 10.37 km/h

Running performance: 5:47 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 197 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 146(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:17:07	4:29	26	14:29	36	14:29	17.20	1:17:07	4:29	156	14:27	231	14:27
Schildwiese	20.10	1:25:17	4:14	24	17:21	36	18:55	37.30	2:42:24	4:21	156	29:50	231	29:50
Neuhaus	15.50	1:40:39	6:29	139	41:37	194	41:37	52.80	4:23:03	4:58	156	1:11:27	231	1:11:27
Masserberg	19.80	1:35:44	4:50	119	32:27	155	32:27	72.60	5:58:47	4:56	156	1:43:48	231	1:43:48
Allzunah	16.80	1:43:59	6:11	122	56:59	171	56:59	89.40	7:42:46	5:10	156	2:21:35	231	2:21:35
Grenzadler	19.80	2:00:30	6:05	148	46:40	219	48:41	109.20	9:43:16	5:20	156	3:08:15	231	3:08:15
Neue Ausspanne	13.80	1:20:16	5:48	128	30:02	169	30:02	123.00	11:03:32	5:23	156	3:37:59	231	3:37:59
Kleiner Inselsber	13.90	1:21:44	5:52	130	31:37	167	31:37	136.90	12:25:16	5:26	156	4:08:21	231	4:08:21
Hohe Sonne	19.70	1:57:53	5:59	152	50:23	224	50:23	156.60	14:23:09	5:30	156	4:58:44	231	4:58:44
Hörschel	14.70	2:08:08	8:42	156	1:14:10	236	1:14:10	171.30	16:31:17	5:47	146	6:12:54	197	6:12:54