



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Trainingsgruppe Sonnenschein

Total time: 18:01:18

Number: 82

Speed: 9.49 km/h

Running performance: 6:19 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 235 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 63(of 64)

Mixstaffel

Best time in the category: 11:24:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:21:45	4:45	12	12:18	60	19:07	17.20	1:21:45	4:45	31		119	19:05
Schildwiese	20.10	1:50:35	5:30	53	44:13	198	44:13	37.30	3:12:20	5:09	31	2:03	237	59:46
Neuhaus	15.50	1:49:09	7:02	60	39:18	226	50:07	52.80	5:01:29	5:42	31	5:25	237	1:49:53
Masserberg	19.80	2:02:28	6:11	62	54:33	228	59:11	72.60	7:03:57	5:50	31	4:34	237	2:48:58
Allzunah	16.80	1:58:30	7:03	60	44:47	225	1:11:30	89.40	9:02:27	6:04	31	11:05	237	3:41:16
Grenzadler	19.80	1:39:55	5:02	25	28:06	112	28:06	109.20	10:42:22	5:52	31	3:57	237	4:07:21
Neue Ausspanne	13.80	1:53:35	8:13	64	57:28	236	1:03:21	123.00	12:35:57	6:08	31	29:37	237	5:10:24
Kleiner Inselsber	13.90	1:31:54	6:36	52	33:49	218	41:47	136.90	14:07:51	6:11	31	32:38	237	5:50:56
Hohe Sonne	19.70	1:48:44	5:31	48	38:55	188	41:14	156.60	15:56:35	6:06	31	50:45	237	6:32:10
Hörschel	14.70	2:04:43	8:29	63	1:04:02	234	1:10:45	171.30	18:01:18	6:18	63	6:36:28	235	7:42:55