



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Werratal Runners

Total time: 12:52:14

Number: 125

Speed: 13.29 km/h

Running performance: 4:31 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 23 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 17(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:20:36	4:41	41	17:58	54	17:58	17.20	1:20:36	4:41	16	17:56	27	17:56
Schildwiese	20.10	1:24:17	4:11	21	16:21	33	17:55	37.30	2:44:53	4:25	16	32:19	27	32:19
Neuhaus	15.50	1:15:57	4:54	31	16:55	39	16:55	52.80	4:00:50	4:33	16	49:14	27	49:14
Masserberg	19.80	1:22:33	4:10	34	19:16	43	19:16	72.60	5:23:23	4:27	16	1:08:24	27	1:08:24
Allzunah	16.80	1:23:44	4:59	28	36:44	35	36:44	89.40	6:47:07	4:33	16	1:25:56	27	1:25:56
Grenzdler	19.80	1:29:21	4:30	24	15:31	35	17:32	109.20	8:16:28	4:32	16	1:41:27	27	1:41:27
Neue Ausspanne	13.80	1:02:18	4:30	17	12:04	20	12:04	123.00	9:18:46	4:32	16	1:53:13	27	1:53:13
Kleiner Inselsber	13.90	1:03:51	4:35	22	13:44	28	13:44	136.90	10:22:37	4:32	16	2:05:42	27	2:05:42
Hohe Sonne	19.70	1:23:38	4:14	19	16:08	29	16:08	156.60	11:46:15	4:30	16	2:21:50	27	2:21:50
Hörschel	14.70	1:05:59	4:29	21	12:01	24	12:01	171.30	12:52:14	4:30	17	2:33:51	23	2:33:51