



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Rennsteigoldies

Total time: 13:55:55

Number: 79

Speed: 12.30 km/h

Running performance: 4:53 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 52 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 10(of 64)

Mixstaffel

Best time in the category: 11:24:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:15:10	4:22	8	5:43	27	12:32	17.20	1:15:10	4:22	43		237	12:30
Schildwiese	20.10	1:54:36	5:42	54	48:14	207	48:14	37.30	3:09:46	5:05	43		237	57:12
Neuhaus	15.50	1:23:03	5:21	17	13:12	84	24:01	52.80	4:32:49	5:10	43		237	1:21:13
Masserberg	19.80	1:21:51	4:08	8	13:56	40	18:34	72.60	5:54:40	4:53	43		237	1:39:41
Allzunah	16.80	1:30:06	5:21	17	16:23	79	43:06	89.40	7:24:46	4:58	43		237	2:03:35
Grenzadler	19.80	1:32:50	4:41	16	21:01	60	21:01	109.20	8:57:36	4:55	43		237	2:22:35
Neue Ausspanne	13.80	1:16:26	5:32	24	20:19	141	26:12	123.00	10:14:02	4:59	43		237	2:48:29
Kleiner Inselsber	13.90	1:06:58	4:49	7	8:53	39	16:51	136.90	11:21:00	4:58	43		237	3:04:05
Hohe Sonne	19.70	1:17:34	3:56	5	7:45	14	10:04	156.60	12:38:34	4:50	43		237	3:14:09
Hörschel	14.70	1:17:21	5:15	17	16:40	91	23:23	171.30	13:55:55	4:52	10	2:31:05	52	3:37:32