



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

LTV Erfurt Männer

Number: 5

Course: 171.30 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 12:57:39

Speed: 13.22 km/h  
Running performance: 4:32 min/km

Rank in course: 27 (of 236)  
Best time in course: 10:18:23

Rank in category: 20(of 156)  
Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:24:26	4:54	68	21:48	88	21:48	17.20	1:24:26	4:54	19	21:46	31	21:46
Schildwiese	20.10	1:41:52	5:04	106	33:56	152	35:30	37.30	3:06:18	4:59	19	53:44	31	53:44
Neuhaus	15.50	1:17:10	4:58	37	18:08	46	18:08	52.80	4:23:28	4:59	19	1:11:52	31	1:11:52
Masserberg	19.80	1:24:36	4:16	51	21:19	62	21:19	72.60	5:48:04	4:47	19	1:33:05	31	1:33:05
Allzunah	16.80	1:05:28	3:53	2	18:28	2	18:28	89.40	6:53:32	4:37	19	1:32:21	31	1:32:21
Grenzadler	19.80	1:32:02	4:38	37	18:12	52	20:13	109.20	8:25:34	4:37	19	1:50:33	31	1:50:33
Neue Ausspanne	13.80	1:04:22	4:39	32	14:08	37	14:08	123.00	9:29:56	4:38	19	2:04:23	31	2:04:23
Kleiner Inselsber	13.90	55:42	4:00	5	5:35	5	5:35	136.90	10:25:38	4:34	19	2:08:43	31	2:08:43
Hohe Sonne	19.70	1:30:05	4:34	49	22:35	66	22:35	156.60	11:55:43	4:34	19	2:31:18	31	2:31:18
Hörschel	14.70	1:01:56	4:12	10	7:58	11	7:58	171.30	12:57:39	4:32	20	2:39:16	27	2:39:16