



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

VR- Bank- Pleßgirls

Number: 2

Course: 171.30 km
Blankenstein-Hörschel

Category:
Frauenstaffel

Total time: 14:10:33

Speed: 12.06 km/h

Running performance: 4:58 min/km

Rank in course: 67 (of 236)

Best time in course: 10:18:23

Rank in category: 2(of 16)

Best time in the category: 12:19:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:20:39	4:41	3	9:04	55	18:01	17.20	1:20:39	4:41	2	9:04	237	17:59
Schildwiese	20.10	1:32:24	4:35	2	6:19	88	26:02	37.30	2:53:03	4:38	2	15:23	237	40:29
Neuhaus	15.50	1:19:09	5:06	2	6:55	63	20:07	52.80	4:12:12	4:46	2	22:18	237	1:00:36
Masserberg	19.80	1:27:57	4:26	4	11:24	84	24:40	72.60	5:40:09	4:41	2	33:42	237	1:25:10
Allzunah	16.80	1:32:53	5:31	5	11:29	107	45:53	89.40	7:13:02	4:50	2	45:11	237	1:51:51
Grenzadler	19.80	1:33:23	4:42	3	6:34	65	21:34	109.20	8:46:25	4:49	2	51:45	237	2:11:24
Neue Ausspanne	13.80	1:12:16	5:14	5	13:32	101	22:02	123.00	9:58:41	4:52	2	1:05:17	237	2:33:08
Kleiner Inselsber	13.90	1:18:29	5:38	4	17:38	139	28:22	136.90	11:17:10	4:56	2	1:22:55	237	3:00:15
Hohe Sonne	19.70	1:27:39	4:26	2	6:56	52	20:09	156.60	12:44:49	4:53	2	1:29:51	237	3:20:24
Hörschel	14.70	1:25:44	5:49	9	20:56	154	31:46	171.30	14:10:33	4:57	2	1:50:47	67	3:52:10