



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

OvGU Flachlandspezialisten

Total time: 13:11:01

Number: 149

Speed: 12.97 km/h

Running performance: 4:37 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 30 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 22(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:16:16	4:26	21	13:38	31	13:38	17.20	1:16:16	4:26	21	13:36	37	13:36
Schildwiese	20.10	1:27:55	4:22	40	19:59	55	21:33	37.30	2:44:11	4:24	21	31:37	37	31:37
Neuhaus	15.50	1:10:46	4:33	13	11:44	15	11:44	52.80	3:54:57	4:26	21	43:21	37	43:21
Masserberg	19.80	1:12:20	3:39	7	9:03	10	9:03	72.60	5:07:17	4:13	21	52:18	37	52:18
Allzunah	16.80	1:23:26	4:57	25	36:26	31	36:26	89.40	6:30:43	4:22	21	1:09:32	37	1:09:32
Grenzadler	19.80	1:31:56	4:38	35	18:06	50	20:07	109.20	8:02:39	4:25	21	1:27:38	37	1:27:38
Neue Ausspanne	13.80	1:08:35	4:58	61	18:21	73	18:21	123.00	9:11:14	4:28	21	1:45:41	37	1:45:41
Kleiner Inselsber	13.90	1:04:42	4:39	24	14:35	30	14:35	136.90	10:15:56	4:29	21	1:59:01	37	1:59:01
Hohe Sonne	19.70	1:36:34	4:54	79	29:04	104	29:04	156.60	11:52:30	4:32	21	2:28:05	37	2:28:05
Hörschel	14.70	1:18:31	5:20	78	24:33	99	24:33	171.30	13:11:01	4:37	22	2:52:38	30	2:52:38