



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Sangerhäuser Rosenflitzer

Total time: 13:20:21

Number: 151

Speed: 12.82 km/h

Running performance: 4:40 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 34 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 26(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:15:05	4:21	17	12:27	26	12:27	17.20	1:15:05	4:21	24	12:25	40	12:25
Schildwiese	20.10	1:32:19	4:35	66	24:23	87	25:57	37.30	2:47:24	4:29	24	34:50	40	34:50
Neuhaus	15.50	1:12:33	4:40	17	13:31	21	13:31	52.80	3:59:57	4:32	24	48:21	40	48:21
Masserberg	19.80	1:18:06	3:56	15	14:49	23	14:49	72.60	5:18:03	4:22	24	1:03:04	40	1:03:04
Allzunah	16.80	1:27:27	5:12	45	40:27	57	40:27	89.40	6:45:30	4:32	24	1:24:19	40	1:24:19
Grenzadler	19.80	1:32:04	4:38	38	18:14	53	20:15	109.20	8:17:34	4:33	24	1:42:33	40	1:42:33
Neue Ausspanne	13.80	1:10:15	5:05	71	20:01	86	20:01	123.00	9:27:49	4:36	24	2:02:16	40	2:02:16
Kleiner Inselsber	13.90	1:08:52	4:57	48	18:45	57	18:45	136.90	10:36:41	4:39	24	2:19:46	40	2:19:46
Hohe Sonne	19.70	1:29:00	4:31	46	21:30	60	21:30	156.60	12:05:41	4:38	24	2:41:16	40	2:41:16
Hörschel	14.70	1:14:40	5:04	58	20:42	69	20:42	171.30	13:20:21	4:40	26	3:01:58	34	3:01:58