



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Ernstroda LAUF MIT BLEIB FIT 2

Total time: 14:39:15

Number: 91

Speed: 11.69 km/h

Running performance: 5:08 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 98 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 17(of 64)

Mixstaffel

Best time in the category: 11:24:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	km	Time			min/km	Pos Total	Behind Total
Grumbach	17.20	1:18:03	4:32	10	8:36	38	15:25	17.20	1:18:03	4:32	50		237	15:23
Schildwiese	20.10	1:44:41	5:12	43	38:19	168	38:19	37.30	3:02:44	4:53	50		237	50:10
Neuhaus	15.50	1:31:12	5:53	31	21:21	153	32:10	52.80	4:33:56	5:11	50		77	1:22:20
Masserberg	19.80	1:13:06	3:41	5	5:11	13	9:49	72.60	5:47:02	4:46	50		237	1:32:03
Allzunah	16.80	1:26:34	5:09	10	12:51	49	39:34	89.40	7:13:36	4:51	50		237	1:52:25
Grenzadler	19.80	1:33:56	4:44	18	22:07	72	22:07	109.20	8:47:32	4:49	50		237	2:12:31
Neue Ausspanne	13.80	1:35:04	6:53	58	38:57	228	44:50	123.00	10:22:36	5:03	50		237	2:57:03
Kleiner Inselsber	13.90	1:23:55	6:02	40	25:50	184	33:48	136.90	11:46:31	5:09	50		237	3:29:36
Hohe Sonne	19.70	1:37:45	4:57	27	27:56	116	30:15	156.60	13:24:16	5:08	50		237	3:59:51
Hörschel	14.70	1:14:59	5:06	12	14:18	72	21:01	171.30	14:39:15	5:07	17	3:14:25	98	4:20:52