



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Sportluck Männer

Total time: 13:47:22

Number: 20

Speed: 12.40 km/h

Running performance: 4:50 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 47 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 37(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:18:08	4:32	27	15:30	39	15:30	17.20	1:18:08	4:32	35	15:28	56	15:28
Schildwiese	20.10	1:28:43	4:24	46	20:47	62	22:21	37.30	2:46:51	4:28	35	34:17	56	34:17
Neuhaus	15.50	1:22:20	5:18	64	23:18	83	23:18	52.80	4:09:11	4:43	35	57:35	56	57:35
Masserberg	19.80	1:22:51	4:11	36	19:34	46	19:34	72.60	5:32:02	4:34	35	1:17:03	56	1:17:03
Allzunah	16.80	1:23:10	4:57	24	36:10	30	36:10	89.40	6:55:12	4:38	35	1:34:01	56	1:34:01
Grenzadler	19.80	1:33:23	4:42	47	19:33	65	21:34	109.20	8:28:35	4:39	35	1:53:34	56	1:53:34
Neue Ausspanne	13.80	1:14:43	5:24	101	24:29	123	24:29	123.00	9:43:18	4:44	35	2:17:45	56	2:17:45
Kleiner Inselsber	13.90	1:17:56	5:36	111	27:49	133	27:49	136.90	11:01:14	4:49	35	2:44:19	56	2:44:19
Hohe Sonne	19.70	1:30:53	4:36	54	23:23	74	23:23	156.60	12:32:07	4:48	35	3:07:42	56	3:07:42
Hörschel	14.70	1:15:15	5:07	62	21:17	75	21:17	171.30	13:47:22	4:49	37	3:28:59	47	3:28:59