



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Oßwald Skickas

Total time: 12:19:46

Number: 1

Speed: 13.87 km/h

Running performance: 4:19 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 9 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 1(of 16)

Frauenstaffel

Best time in the category: 12:19:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:11:35	4:09	1	-	15	8:57	17.20	1:11:35	4:09	1	-	237	8:55
Schildwiese	20.10	1:26:05	4:16	1	-	42	19:43	37.30	2:37:40	4:13	1	-	237	25:06
Neuhaus	15.50	1:12:14	4:39	1	-	19	13:12	52.80	3:49:54	4:21	1	-	237	38:18
Masserberg	19.80	1:16:33	3:51	1	-	16	13:16	72.60	5:06:27	4:13	1	-	237	51:28
Allzunah	16.80	1:21:24	4:50	1	-	21	34:24	89.40	6:27:51	4:20	1	-	237	1:06:40
Grenzadler	19.80	1:26:49	4:23	1	-	29	15:00	109.20	7:54:40	4:20	1	-	237	1:19:39
Neue Ausspanne	13.80	58:44	4:15	1	-	13	8:30	123.00	8:53:24	4:20	1	-	237	1:27:51
Kleiner Inselsber	13.90	1:00:51	4:22	1	-	14	10:44	136.90	9:54:15	4:20	1	-	237	1:37:20
Hohe Sonne	19.70	1:20:43	4:05	1	-	22	13:13	156.60	11:14:58	4:18	1	-	237	1:50:33
Hörschel	14.70	1:04:48	4:24	1	-	19	10:50	171.30	12:19:46	4:19	1	-	9	2:01:23