



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Zatopeks Erben

Total time: 14:00:43

Number: 153

Speed: 12.20 km/h

Running performance: 4:55 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 57 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 45(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:34:25	5:29	126	31:47	176	31:47	17.20	1:34:25	5:29	43	31:45	67	31:45
Schildwiese	20.10	1:27:02	4:19	33	19:06	47	20:40	37.30	3:01:27	4:51	43	48:53	67	48:53
Neuhaus	15.50	1:16:41	4:56	34	17:39	43	17:39	52.80	4:18:08	4:53	43	1:06:32	67	1:06:32
Masserberg	19.80	1:23:50	4:14	45	20:33	56	20:33	72.60	5:41:58	4:42	43	1:26:59	67	1:26:59
Allzunah	16.80	1:28:46	5:17	55	41:46	70	41:46	89.40	7:10:44	4:49	43	1:49:33	67	1:49:33
Grenzdler	19.80	1:32:50	4:41	43	19:00	60	21:01	109.20	8:43:34	4:47	43	2:08:33	67	2:08:33
Neue Ausspanne	13.80	1:19:10	5:44	124	28:56	161	28:56	123.00	10:02:44	4:54	43	2:37:11	67	2:37:11
Kleiner Inselsber	13.90	1:14:38	5:22	87	24:31	106	24:31	136.90	11:17:22	4:56	43	3:00:27	67	3:00:27
Hohe Sonne	19.70	1:19:04	4:00	11	11:34	18	11:34	156.60	12:36:26	4:49	43	3:12:01	67	3:12:01
Hörschel	14.70	1:24:17	5:44	110	30:19	142	30:19	171.30	14:00:43	4:54	45	3:42:20	57	3:42:20