



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

LG Tri & Run Uni Jena

Number: 32

Course: 171.30 km
Blankenstein-Hörschel

Category:
Mixstaffel

Total time: 12:21:24

Speed: 13.84 km/h
Running performance: 4:20 min/km

Rank in course: 10 (of 236)
Best time in course: 10:18:23

Rank in category: 2(of 64)
Best time in the category: 11:24:50

Control	Intermediate times						Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:11:27	4:09	6	2:00	14	8:49	17.20	1:11:27	4:09	34		237	8:47
Schildwiese	20.10	1:19:15	3:56	7	12:53	17	12:53	37.30	2:30:42	4:02	34		237	18:08
Neuhaus	15.50	1:18:22	5:03	12	8:31	61	19:20	52.80	3:49:04	4:20	34		237	37:28
Masserberg	19.80	1:15:26	3:48	6	7:31	15	12:09	72.60	5:04:30	4:11	34		237	49:31
Allzunah	16.80	1:13:43	4:23	1	-	7	26:43	89.40	6:18:13	4:13	34		237	57:02
Grenzdler	19.80	1:20:13	4:03	3	8:24	12	8:24	109.20	7:38:26	4:11	34		237	1:03:25
Neue Ausspanne	13.80	1:05:42	4:45	5	9:35	46	15:28	123.00	8:44:08	4:15	34		237	1:18:35
Kleiner Inselsber	13.90	1:10:57	5:06	11	12:52	75	20:50	136.90	9:55:05	4:20	34		237	1:38:10
Hohe Sonne	19.70	1:20:14	4:04	8	10:25	21	12:44	156.60	11:15:19	4:18	34		237	1:50:54
Hörschel	14.70	1:06:05	4:29	3	5:24	25	12:07	171.30	12:21:24	4:19	2	56:34	10	2:03:01