



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Rennsteiglaufteam 600 plus

Total time: 14:11:39

Number: 222

Speed: 12.07 km/h

Running performance: 4:58 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 69 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 54(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:14:18	4:19	16	11:40	24	11:40	17.20	1:14:18	4:19	53	11:38	77	11:38
Schildwiese	20.10	1:47:24	5:20	130	39:28	187	41:02	37.30	3:01:42	4:52	53	49:08	77	49:08
Neuhaus	15.50	1:32:14	5:57	118	33:12	157	33:12	52.80	4:33:56	5:11	53	1:22:20	77	1:22:20
Masserberg	19.80	1:33:37	4:43	105	30:20	137	30:20	72.60	6:07:33	5:03	53	1:52:34	77	1:52:34
Allzunah	16.80	1:27:42	5:13	48	40:42	60	40:42	89.40	7:35:15	5:05	53	2:14:04	77	2:14:04
Grenzdler	19.80	1:37:49	4:56	68	23:59	94	26:00	109.20	9:13:04	5:03	53	2:38:03	77	2:38:03
Neue Ausspanne	13.80	1:08:23	4:57	60	18:09	72	18:09	123.00	10:21:27	5:03	53	2:55:54	77	2:55:54
Kleiner Inselsber	13.90	1:06:33	4:47	28	16:26	34	16:26	136.90	11:28:00	5:01	53	3:11:05	77	3:11:05
Hohe Sonne	19.70	1:32:19	4:41	60	24:49	81	24:49	156.60	13:00:19	4:58	53	3:35:54	77	3:35:54
Hörschel	14.70	1:11:20	4:51	40	17:22	49	17:22	171.30	14:11:39	4:58	54	3:53:16	69	3:53:16