



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Forrest Gump Gedenkstaffel

Total time: 14:17:22

Number: 200

Speed: 11.97 km/h

Running performance: 5:01 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 72 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 57(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:26:52	5:03	86	24:14	114	24:14	17.20	1:26:52	5:03	56	24:12	82	24:12
Schildwiese	20.10	1:31:05	4:31	58	23:09	78	24:43	37.30	2:57:57	4:46	56	45:23	82	45:23
Neuhaus	15.50	1:20:05	5:09	52	21:03	67	21:03	52.80	4:18:02	4:53	56	1:06:26	82	1:06:26
Masserberg	19.80	1:23:48	4:13	44	20:31	55	20:31	72.60	5:41:50	4:42	56	1:26:51	82	1:26:51
Allzunah	16.80	1:33:29	5:33	82	46:29	109	46:29	89.40	7:15:19	4:52	56	1:54:08	82	1:54:08
Grenzadler	19.80	1:33:48	4:44	50	19:58	70	21:59	109.20	8:49:07	4:50	56	2:14:06	82	2:14:06
Neue Ausspanne	13.80	1:17:04	5:35	116	26:50	150	26:50	123.00	10:06:11	4:55	56	2:40:38	82	2:40:38
Kleiner Inselsber	13.90	1:09:59	5:02	53	19:52	63	19:52	136.90	11:16:10	4:56	56	2:59:15	82	2:59:15
Hohe Sonne	19.70	1:42:02	5:10	112	34:32	153	34:32	156.60	12:58:12	4:58	56	3:33:47	82	3:33:47
Hörschel	14.70	1:19:10	5:23	83	25:12	105	25:12	171.30	14:17:22	5:00	57	3:58:59	72	3:58:59