



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

SSV Erfurt 02 Mix

Number: 28

Course: 171.30 km  
Blankenstein-Hörschel

Category:  
Mixstaffel

Total time: 15:21:02

Speed: 11.14 km/h

Running performance: 5:23 min/km

Rank in course: 143 (of 236)

Best time in course: 10:18:23

Rank in category: 24(of 64)

Best time in the category: 11:24:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:29:35	5:12	34	20:08	147	26:57	17.20	1:29:35	5:12	56	1:18	237	26:55
Schildwiese	20.10	1:41:31	5:03	39	35:09	150	35:09	37.30	3:11:06	5:07	56	0:49	93	58:32
Neuhaus	15.50	1:14:35	4:48	6	4:44	32	15:33	52.80	4:25:41	5:01	56		237	1:14:05
Masserberg	19.80	1:29:44	4:31	18	21:49	92	26:27	72.60	5:55:25	4:53	56		237	1:40:26
Allzunah	16.80	1:39:16	5:54	32	25:33	144	52:16	89.40	7:34:41	5:05	56		237	2:13:30
Grenzadler	19.80	1:57:37	5:56	57	45:48	207	45:48	109.20	9:32:18	5:14	56		237	2:57:17
Neue Ausspanne	13.80	1:25:53	6:13	45	29:46	204	35:39	123.00	10:58:11	5:21	56		237	3:32:38
Kleiner Inselsber	13.90	1:10:45	5:05	10	12:40	73	20:38	136.90	12:08:56	5:19	56		237	3:52:01
Hohe Sonne	19.70	1:29:18	4:31	13	19:29	61	21:48	156.60	13:38:14	5:13	56		237	4:13:49
Hörschel	14.70	1:42:48	6:59	58	42:07	225	48:50	171.30	15:21:02	5:22	24	3:56:12	143	5:02:39