



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Rennsteiglaufverein I

Number: 101

Course: 171.30 km
Blankenstein-Hörschel

Category:
Mixstaffel

Total time: 12:26:40

Speed: 13.74 km/h

Running performance: 4:22 min/km

Rank in course: 12 (of 236)

Best time in course: 10:18:23

Rank in category: 4(of 64)

Best time in the category: 11:24:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:10:00	4:04	2	0:33	8	7:22	17.20	1:10:00	4:04	36		237	7:20
Schildwiese	20.10	1:14:00	3:40	2	7:38	7	7:38	37.30	2:24:00	3:51	36		237	11:26
Neuhaus	15.50	1:14:01	4:46	5	4:10	30	14:59	52.80	3:38:01	4:07	36		237	26:25
Masserberg	19.80	1:09:03	3:29	2	1:08	6	5:46	72.60	4:47:04	3:57	36		237	32:05
Allzunah	16.80	1:16:15	4:32	2	2:32	10	29:15	89.40	6:03:19	4:03	36		237	42:08
Grenzdler	19.80	1:21:24	4:06	5	9:35	14	9:35	109.20	7:24:43	4:04	36		237	49:42
Neue Ausspanne	13.80	1:20:44	5:51	34	24:37	172	30:30	123.00	8:45:27	4:16	36		237	1:19:54
Kleiner Inselsber	13.90	1:21:49	5:53	33	23:44	169	31:42	136.90	10:07:16	4:26	36		237	1:50:21
Hohe Sonne	19.70	1:11:51	3:38	2	2:02	5	4:21	156.60	11:19:07	4:20	36		237	1:54:42
Hörschel	14.70	1:07:33	4:35	4	6:52	31	13:35	171.30	12:26:40	4:21	4	1:01:50	12	2:08:17