



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Nu Pagadi

Total time: 14:26:35

Number: 181

Speed: 11.84 km/h

Running performance: 5:04 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 78 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 62(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:16:33	4:27	23	13:55	33	13:55	17.20	1:16:33	4:27	60	13:53	90	13:53
Schildwiese	20.10	1:37:54	4:52	89	29:58	123	31:32	37.30	2:54:27	4:40	60	41:53	90	41:53
Neuhaus	15.50	1:14:37	4:48	26	15:35	33	15:35	52.80	4:09:04	4:43	60	57:28	90	57:28
Masserberg	19.80	1:35:56	4:50	120	32:39	157	32:39	72.60	5:45:00	4:45	60	1:30:01	90	1:30:01
Allzunah	16.80	1:38:20	5:51	105	51:20	142	51:20	89.40	7:23:20	4:57	60	2:02:09	90	2:02:09
Grenzadler	19.80	1:36:40	4:52	62	22:50	88	24:51	109.20	9:00:00	4:56	60	2:24:59	90	2:24:59
Neue Ausspanne	13.80	1:26:33	6:16	149	36:19	208	36:19	123.00	10:26:33	5:05	60	3:01:00	90	3:01:00
Kleiner Inselsber	13.90	1:15:09	5:24	93	25:02	112	25:02	136.90	11:41:42	5:07	60	3:24:47	90	3:24:47
Hohe Sonne	19.70	1:32:33	4:41	61	25:03	82	25:03	156.60	13:14:15	5:04	60	3:49:50	90	3:49:50
Hörschel	14.70	1:12:20	4:55	46	18:22	55	18:22	171.30	14:26:35	5:03	62	4:08:12	78	4:08:12