



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Kenias letzte Reserve

Number: 108

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 14:28:15

Speed: 11.82 km/h
Running performance: 5:04 min/km

Rank in course: 83 (of 236)
Best time in course: 10:18:23

Rank in category: 66(of 156)
Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:26:44	5:02	83	24:06	110	24:06	17.20	1:26:44	5:02	64	24:04	94	24:04
Schildwiese	20.10	1:45:29	5:14	125	37:33	179	39:07	37.30	3:12:13	5:09	64	59:39	94	59:39
Neuhaus	15.50	1:13:31	4:44	23	14:29	28	14:29	52.80	4:25:44	5:01	64	1:14:08	94	1:14:08
Masserberg	19.80	1:31:34	4:37	90	28:17	118	28:17	72.60	5:57:18	4:55	64	1:42:19	94	1:42:19
Allzunah	16.80	1:27:56	5:14	50	40:56	63	40:56	89.40	7:25:14	4:58	64	2:04:03	94	2:04:03
Grenzadler	19.80	1:38:24	4:58	74	24:34	103	26:35	109.20	9:03:38	4:58	64	2:28:37	94	2:28:37
Neue Ausspanne	13.80	1:24:19	6:06	143	34:05	193	34:05	123.00	10:27:57	5:06	64	3:02:24	94	3:02:24
Kleiner Inselsber	13.90	1:12:00	5:10	70	21:53	83	21:53	136.90	11:39:57	5:06	64	3:23:02	94	3:23:02
Hohe Sonne	19.70	1:29:37	4:32	47	22:07	62	22:07	156.60	13:09:34	5:02	64	3:45:09	94	3:45:09
Hörschel	14.70	1:18:41	5:21	79	24:43	100	24:43	171.30	14:28:15	5:04	66	4:09:52	83	4:09:52