



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Faulunger Muskricken

Total time: 14:29:43

Number: 161

Speed: 11.82 km/h

Running performance: 5:05 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 84 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 67(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:28:58	5:10	102	26:20	135	26:20	17.20	1:28:58	5:10	65	26:18	95	26:18
Schildwiese	20.10	1:35:44	4:45	79	27:48	104	29:22	37.30	3:04:42	4:57	65	52:08	95	52:08
Neuhaus	15.50	1:25:33	5:31	79	26:31	102	26:31	52.80	4:30:15	5:07	65	1:18:39	95	1:18:39
Masserberg	19.80	1:33:53	4:44	107	30:36	139	30:36	72.60	6:04:08	5:00	65	1:49:09	95	1:49:09
Allzunah	16.80	1:43:16	6:08	119	56:16	167	56:16	89.40	7:47:24	5:13	65	2:26:13	95	2:26:13
Grenzadler	19.80	1:42:55	5:11	96	29:05	130	31:06	109.20	9:30:19	5:13	65	2:55:18	95	2:55:18
Neue Ausspanne	13.80	1:07:34	4:53	56	17:20	66	17:20	123.00	10:37:53	5:11	65	3:12:20	95	3:12:20
Kleiner Inselsber	13.90	1:11:51	5:10	67	21:44	80	21:44	136.90	11:49:44	5:11	65	3:32:49	95	3:32:49
Hohe Sonne	19.70	1:24:22	4:16	22	16:52	33	16:52	156.60	13:14:06	5:04	65	3:49:41	95	3:49:41
Hörschel	14.70	1:15:37	5:08	63	21:39	77	21:39	171.30	14:29:43	5:04	67	4:11:20	84	4:11:20