



13. Internationale Volkssport Olympiade Marathonlauf  
Val Gardena, Südtirol / 27.06.2013

Detailed evaluation

**Keßler, Uwe**

Club: Schnelle Füße Koblenz  
Number: 2834

Course: 21.00 km  
Halbmarathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:55:39

Speed: 10.89 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 10 (of 19)

Rank in course/Men: 9 (of 17)

Best time in course: 1:37:19

Rank in category: 3(of 4)

Best time in the category: 1:38:15