



2. Creuzburger Stadtlauf  
Creuzburg / 29.06.2013

Detailed evaluation

Michl, Ramona

Club: Sportteam Steinbach Meiningen  
Number: 106

Course: 13.50 km  
Hauptlauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:05:30

Speed: 12.37 km/h  
Running performance: 4:51 min/km

Rank in course/Total: 25 (of 82)  
Rank in course/Women: 2 (of 18)  
Best time in course: 57:06

Rank in category: 1(of 4)  
Best time in the category: 1:05:30