



2. Creuzburger Stadtlauf  
Creuzburg / 29.06.2013

Detailed evaluation

Gasa, Carola

Club: SV Mihla  
Number: 166

Course: 13.50 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:10:10

Speed: 11.54 km/h  
Running performance: 5:12 min/km

Rank in course/Total: 40 (of 82)  
Rank in course/Women: 4 (of 18)  
Best time in course: 57:06

Rank in category: 2(of 3)  
Best time in the category: 1:05:49