



2. Creuzburger Stadtlauf

Creuzburg / 29.06.2013

Detailed evaluation

Dunkel, Frank

Club: SV Normania Treffurt

Number: 104

Course: 13.50 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:13:26

Speed: 10.62 km/h

Running performance: 5:26 min/km

Rank in course/Total: 50 (of 82)

Rank in course/Men: 44 (of 64)

Best time in course: 48:15

Rank in category: 10(of 13)

Best time in the category: 56:43