



2. Creuzburger Stadtlauf

Creuzburg / 29.06.2013

Detailed evaluation

Haag, Heike

Club: SV Wartburgstadt / Triathlon

Number: 125

Course: 13.50 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:17:14

Speed: 10.10 km/h

Running performance: 5:43 min/km

Rank in course/Total: 61 (of 82)

Rank in course/Women: 9 (of 18)

Best time in course: 57:06

Rank in category: 3(of 6)

Best time in the category: 1:12:58