



2. Creuzburger Stadtlauf  
Creuzburg / 29.06.2013

Detailed evaluation

Wölfel, Roland

Club: Stedtfelder Rennsteigfreunde 1979  
Number: 109

Course: 13.50 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:17:41

Speed: 10.43 km/h  
Running performance: 5:45 min/km

Rank in course/Total: 63 (of 82)

Rank in course/Men: 54 (of 64)

Best time in course: 48:15

Rank in category: 5(of 5)

Best time in the category: 1:00:06