



2. Creuzburger Stadtlauf  
Creuzburg / 29.06.2013

Detailed evaluation

Görlach, Folker

Club: hainichläufer  
Number: 150

Course: 13.50 km  
Hauptlauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 1:18:32

Speed: 9.93 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 66 (of 82)

Rank in course/Men: 56 (of 64)

Best time in course: 48:15

Rank in category: 1(of 2)

Best time in the category: 1:18:32