



2. Creuzburger Stadtlauf
Creuzburg / 29.06.2013

Detailed evaluation

Pönicke, Marlies

Club: Chemnitzer LV

Number: 435

Course: 5.00 km

Kurzdistanz

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 21:57

Speed: 13.67 km/h

Running performance: 4:23 min/km

Rank in course/Total: 8 (of 62)

Rank in course/Women: 1 (of 22)

Best time in course: 21:57

Rank in category: 1(of 3)

Best time in the category: 21:57