



2. Creuzburger Stadtlauf  
Creuzburg / 29.06.2013

Detailed evaluation

Degenhardt, Matthias

Club: Wendehausen

Number: 426

Course: 5.00 km

Kurzdistanz

Category:

Senioren M45 (45-49 Jahre)

Total time: 22:14

Speed: 13.49 km/h

Running performance: 4:27 min/km

Rank in course/Total: 10 (of 62)

Rank in course/Men: 9 (of 40)

Best time in course: 19:37

Rank in category: 1(of 2)

Best time in the category: 22:14