



2. Creuzburger Stadtlauf  
Creuzburg / 29.06.2013

Detailed evaluation

Freitag, Roman

Club: Eisenacher LV  
Number: 401

Course: 5.00 km  
Kurzdistanz

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 24:51

Speed: 12.07 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 21 (of 62)

Rank in course/Men: 19 (of 40)

Best time in course: 19:37

Rank in category: 3(of 10)

Best time in the category: 21:24